

## **Behavioral Health Services**

A Division of Health Care Services Agency

Tony Vartan, MSW, LCSW, BHS Director

#### SAN JOAQUIN COUNTY BEHAVIORAL HEALTH BOARD (BHB)

#### *Regular Meeting* October 16, 2019, 5:30 – 7:30 P.M.

# Lodi Police Department Community Room, 215 Elm Street, Lodi, CA

Board Members Present:

Karen Ivy Cary Martin Tasso Kandris Dr. Mudalodu Vasudevan Lori Hansen Jeff Giampetro Patricia Barrett Charles Eproson Joe Dittmann John Weston Supervisor Villapudua

Also Present:

Matt Garber, Assistant Health Care Services Director Frances Hutchins, Assistant Behavioral Health Director Betsey Rose, Deputy Director of Justice and Decriminalization Hilary Crowley, Management Analyst III Jennifer Domingo, Chief Mental Health Clinician Amanda Yocham, Chief Mental Health Clinician Jennifer Spruill, Chief Mental Health Clinician Isabel Espinosa, Office Secretary Board Members Absent/Excused:

Cynthia Thomlison Vaunita Duval

Guests:

Michael Alegre Cindy Bock Edna Ealey-Fields Brandon Conroy Brian Young Gertie Kandris Fred Nelson Mary Avanti Joselyn Spurgeon Rita Fellowes Irene Sherman

#### **MINUTES**

#### I. CALL TO ORDER

The Behavioral Health Board meeting was convened on Wednesday, October 16, 2019 at the Lodi Police Department Community Room, 215 Elm Street, Lodi, CA. Chairperson Tasso Kandris called the meeting to order at 5:30 P.M. held a moment of silence, and led the pledge of allegiance. Roll call was taken by the Board Secretary. A quorum was in attendance at this meeting.

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#### II. INTRODUCTIONS

Chairperson Tasso Kandris led self-introductions among board members and the public audience present at the meeting.

#### III. PUBLIC COMMENT

- John Weston: NAMI will be holding an event Saturday October 19, 2019 at Calvary Church.
- Cary Martin: November 8, 2019 there will be a groundbreaking ceremony for the new Veterans building. 750 job openings are anticipated.

#### IV. APPROVAL OF MINUTES

Cary Martin made a motion to approve the September minutes, and was seconded by Jeff Giampetro. Motion was approved 11-0-0.

### V. PRESENTATION

- A. Service First of Northern California
  - Vernell Hill, Associate Director Substance Abuse
    - Service First is a community based non-profit organization that assists in meeting basic needs such as food, clothing, housing, and employment for clients.
    - Zettie Miller, 1545 Rosemarie Lane, Stockton, CA provides housing for three special needs populations: people with developmental disabilities, people with mental illness, and people with long-term chronic illness with an emphasis on seniors. (78) One bedroom/one bath units, and (4) two bedroom/one bath units.
    - Hunter House is in process and looking for funding. Expected to break ground in 2021.
    - Fontana House, located near i-5 and Country Club, will have (52) one bedroom, (27) two bedroom, (26) three bedroom units.

#### B. Lodi Clinic

- Jennifer Domingo, Chief Mental Health Clinician
- Amanda Yocham, Chief Mental Health Clinician
  - The Lodi Clinic is located at 1209 West Tokay Street, Suite 5, Lodi, CA 95220. It is open Monday through Friday from 8 AM to 5 PM.
  - Majority of clients are women (61.4%).
  - 69% of clients served at the Adult Outpatient Clinic are adults, 12.7% are Older Adults, and 18.3% are transitional aged youth.
  - Majority of the clients served at this clinic are residents of Lodi (68.1%), Stockton (22%), Acampo (4.7%),
    Woodbridge (2.3%), Manteca (1.2%), and other (1.8%).



- Most commonly treated diagnosis are Major depression (201), bi-polar disorder (130), Anxiety/panic disorder (49), schizophrenia (45), post-traumatic stress disorder (45), and obsessive-compulsive disorder (2).
- The Lodi Children's Clinic provides psychosocial assessment, individualized treatment plans, and the Child & Adolescent Needs and Strengths Assessment (CANSA). Individual therapy, case management, and group therapy is offered.
- 53.8% of youth at the Lodi Clinic are female, 42.4% are male, and 3.8% decline to state.
- 41.6% of CYS Lodi Clients are diagnosed with a mood disorder, 24.8% with a behavioral disorder, 13.2% with an anxiety disorder, 8.7% with schizophrenia, and 2.6% with other.
- The Lodi Clinic serves 145 Children and Youth, which is 8% of the total CYS population.
- C. National Alliance on Mental Illness (NAMI)
  - Michael Fields, NAMI San Joaquin
    - The San Joaquin Chapter was started in 1979.
    - NAMI SJC is one of fifty-eight counties to receive an award for youth services stemming from Edna Ealey-Fields' efforts to bring NAMI clubs to high school and college campuses.
    - They offer many free programs available to the community, staff, and family members.
    - Michael Fields is the Director of the Wellness Center. He invited the board to tour the facility.

#### VI. DIRECTOR'S REPORT

- By Frances Hutchins, Assistant BHS Director

- Mental Health Audits by the External Quality Review Organization (EQRO) will take place October 22 and October 23, 2019. The EQRO Review of the Substance Use Disorder will be October 29 and 30, 2019.
- Network Adequacy tool's corrective action plan is due October 31, 2019 and must be corrected by January 15, 2020.
- Five contracts were awarded for School based mental health Services. Contracts were awarded to Parents by Choice, Point West, Sow a seed,
- Four Full service partnership were are in early implementation stages, 2 adult, and two justice.
- One Forensic Access and engagement prevention and early intervention program by Mary Magdalene is in early implementation.
- Victor will be opening at Children's Full Service Partnership in Lathrop,
- Request for Proposals are requested for:
  - Peer Navigation due October 8, 2019
  - High Risk Transition team
  - Community Trauma Services
  - Children's Mental Health Services
- Youth in Government day is October 31, 2019. Up to 40 high school students will be visiting campus to learn more about careers in Behavioral Health.



#### VII. NEW BUSINESS

- A. Annual Report
- Annual reports are due to the Board of Supervisors 90 days after the end of the fiscal year.

#### VIII. OLD BUSINESS

#### IX. COMMITTEE REPORTS

- A. Executive Committee:
  - December meeting will be held in Manteca.
  - There are two openings for family members on the board.
  - Saturday 10/19 CALBHB/C will hold the Central Valley meeting in Conference Room C.
- B. Legislative Committee: No report.
- C. Grievance Committee: No report,
- D. Housing Committee: No report.
- E. Substance Use Disorder Committee: No report.

ADJOURN TO WEDNESDAY November 20, 2019 AT 5:00 P.M